

Australian Nursing and Midwifery Education Centre Referencing Guide – APA 7 Style

ANMEC uses the APA 7 (American Psychological Association, 7th edition) style of referencing. This guide introduces the basic principles of using the APA style. It is not comprehensive but includes examples of references that may be required while studying at ANMEC.

Why Do I Need To Reference?

Referencing is common academic practice and is used to:

- Acknowledge the original source of ideas, quotes and information
- Refer the reader to your sources
- Avoid plagiarism (i.e. using the work of others without crediting them)
- Support your arguments
- Show the reader the depth and breadth of your reading and research

When Do I Need To Reference?

You must provide a reference when you:

- Paraphrase (put someone else's ideas into your own words) – this is used most often
- Quote a direct phrase, fact or sentence – usually short
- Summarise (for example a summary of a journal article with dot points)
- Use a copied image such as a diagram, chart or graph

How Do I Use Referencing In My Work?

APA 7 is an 'Author-Date' style of referencing. This means that it is in two parts:

- In-text short citations (author's name and date of publication) throughout your document. For quotes, you will also need to include the page number.
- A Reference List at the end of your work containing full details of the source

In-text and Reference List sources will match, with the same entries in both.

In-Text Referencing

- Use the surname of the author(s) followed by a comma and the year of publication. If a work has no date of publication use the abbreviation 'n.d.' in place of year.
- Citations in the text can either be placed at the end of a sentence in brackets, or the author's name may be included in the text with the date and additional information in brackets.

Examples:

	At the end of a sentence	Within the text
Single author	(Lane, 2024)	According to Lane (2024)...
Two authors	(Lane & Smith, 2024)	Lane and Smith (2024) argue that...
Three or more authors	(Lane et al., 2024)	Lane et al. (2024) claim that...
Group author with abbreviation:		
First citation	(Australian Nursing and Midwifery Federation [ANMF], 2023)	According to the Australian Nursing and Midwifery Federation (ANMF, 2023)...
Subsequent citations	(ANMF, 2023)	The ANMF (2023) states that...
Group author without abbreviation	(Adelaide University, 2025)	As highlighted by the Adelaide University (2025)...

Quoting 40 Words Or Less

Quoting is when you copy the exact words from another source into your writing. When quoting 40 words or less, place quotation marks around the quote. Include author, year of publication and page number. The abbreviation for page is 'p.' and that for pages is 'pp'.

Examples:

"Along with technical capability, the capacity to establish human connection is required for clinical competence in nursing practice." (Stein-Parbury, 2021, p.4)

or

According to Stein-Parbury (2021, p.4), "Along with technical capability, the capacity to establish human connection is required for clinical competence in nursing practice."

Quoting 40 Words Or More

Do not place quotation marks around a quote of 40 words or more. Start the quotation on a new line and indent the whole block from the left margin at 0.5 ins or 1.27 cm. Double space the entire block quotation. Place the reference after the final punctuation in the quote.

Example:

Research on determinants of health is growing all the time, as studies begin to show the association between a number of factors and health. This includes biological factors (the genetics and the factors we are born with) but it also includes the factors around us such as the environment, where we live, our social links, our access to services, education, income and employment, how safe and connected we feel in our communities and so on. (Baldwin, 2025, p. 109)

The Reference List

While the in-text citations in your assignment include basic details (author, date, page), the reference list provides more information so that your educator can locate the sources you have used. Reference list entries might include the full title and publication details of printed works, the names of editors (where applicable), a URL (weblink) or DOI (Digital Object Identifier) for electronic resources, and other information. A DOI is a unique code that provides a permanent link to a specific online publication.

- Begin the reference list on a new page at the end of your assignment.
- Title the reference list **References** in bold and centred at the top of the page.
- Order your reference list alphabetically by author. When a work has no author, list by title.
- Apply a hanging indent to each reference list entry. This means that the first line of each entry is left aligned, while the second and subsequent lines are indented. Use a 0.5ins/1.27 cm. indent (the Word default).
- Double-space the reference list. Make all links to websites or DOIs live (press the space bar after each entry).

Examples:

Printed Book – Single Author

Author, A. (Year). Title: subtitle. Publisher.

Hayden, C. (2022). *Different, not less: a neurodivergent's guide to embracing your true self and finding your happily ever after*. Murdoch Books.

Printed Book – Multiple Authors Later Than 1st Edition

Author, A. & Author, B. (Year). Title: subtitle. (X ed.). Publisher.

McKenna, L. & Copnell, B. (2024). *Fundamentals of nursing and midwifery research: a practical guide for evidence-based practice*. (2nd ed.). Routledge.

Chapter In An Edited Electronic Book

Author, A. (Year). Chapter title: subtitle. In A. Editor & B. Editor. (Eds.), Book title: subtitle. (X ed., pp. page-page). Publisher. URL or DOI.

Baldwin, L. (2025). Understanding and promoting health. In G. Koutoukidis & K. Stainton. (Eds.), *Tabbner's nursing care: theory and practice*. (9th ed., pp. 105-135). Elsevier.

<https://clinicalkeymeded.elsevier.com/books/9780729598781>

Journal Article

Author, A., Author B., & Author, C. (Year). Article title: subtitle. *Journal Title*, *Volume*(*Issue*), page-page. URL or DOI.

Ghamrawi, W., Benson, J., & Kennedy, E. (2024). Communicating medical information with Aboriginal patients: lessons learned from GPs and GP registrars in Aboriginal primary health care. *Australian Journal of Primary Health*, 30(1), 1-7.
<https://doi.org/10.1071/PY23128>

Code Of Ethics/Conduct Or Standard For Practice

Organisation Name. (Year). Title of code (standard number if referencing a particular part). URL

Nursing and Midwifery Board of Australia. (2018). *Code of conduct for nurses*.
<https://www.nursingmidwiferyboard.gov.au/codes-guidelines-statements/professional-standards.aspx>

National Framework

Organisation Name. (Year). Title of national framework. URL

Australian Digital Health Agency. (2020). *National nursing and midwifery digital health capability framework*. https://www.digitalhealth.gov.au/sites/default/files/2020-11/National_Nursing_and_Midwifery_Digital_Health_Capability_Framework_publication.pdf

Website

Author, A. or Organisation Name. (Year, Month Day). Title of Page: subtitle. URL

Leukaemia Foundation. (2024, May 20). *Acute lymphoblastic leukaemia (ALL)*.
<https://www.cancercouncil.com.au/acute-lymphoblastic-leukaemia/>

Podcast

Host Surname, A. or Organisation. (Host). (Year, Month Day). Title of podcast episode (Episode number) [Description]. In Title of podcast series. Production Company. URL

The Australian Primary Health Care Nurses Association (APNA). (2025, February 3). Overprescribed & the dementia dilemma (Episode 82) [Audio podcast episode]. In *Nursing Australia podcast*. APNA.
<https://open.spotify.com/episode/29J8hzNSV1RQrGtF0uqAtc?si=OkTYITS4QieRwOO8-4g10Q>

Further information and comprehensive lists of reference types:

[Video From Edith Cowan University](#)

[APA Style](#)

[About APA 7 - APA 7th Style - LibGuides at University of Newcastle Library](#)

ANMEC students are permitted to use AI search engines (ChatGPT, Perplexity etc.), referencing software (EndNote), or referencing websites (My Bib) for referencing but make sure that you check any references generated.

For general help with referencing, contact ANMEC Library staff in person, phone 8334 1969 or email library@anmfsa.org.au .